



WPA
Waikato Principals' Association



CONNECTIONS DAY – Term 2 2023

Date: **8th June, 2023**
Venue: Distinction Hotel, Hamilton 100 Garnett Avenue, Te Rapa, Hamilton 3241
Parking: Off Seddon Road

Programme:

8:30 Coffee and networking with colleagues
8.45 Welcome / Admin - **Aaron - Autex**
9:00-10:00 **Aaron Ironside - Session 1: Self-Care is not Selfish**

Why does the Covid Pandemic not feel over? Some teachers are leaving the profession, and many are running on empty. Find out what impact Covid really has on our bodies and why so many of us feel stressed out. You will learn valuable tools for assessing your wellbeing and making positive changes.

10.00 **Ezra - Furnware** **Hayden - Education Services**

10:10 Morning Tea

10.40 **Nicole / Michael - TTS**

Sean - Kukri

10.50-11:50 **Aaron Ironside - Session 2: Speaking up when it counts: How to have Courageous Conversations**

We have someone who we find uncomfortable to communicate with. Perhaps you find yourself avoiding them for fear of how they will react, and/or fear of repercussions. Maybe you can think of times the conversation quickly turned pear-shaped and triggered all sorts of negative emotions. Learn how the masters of communication make difficult conversations seem so easy.

11.50-12:00 **Antony - Fujifilm** **Anne - Core Education**

12:00 **Nesan Govender**

As the newly appointed Leadership Advisor for Waikato, I am reaching out to you all to introduce myself to talk more about my role and how it could benefit you and our colleagues. Besides my recent principal experience, I also bring a wealth of experience in four different education systems across four countries. I have helped write curriculum and deliver professional development in the implementation to teachers drawn from across the globe, worked on school improvement projects aimed at changing pedagogy, led school leaders in strategic development and managed change.

12:45 Lunch

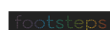
1:40 **Maree - Playground Creations** **Warren - Sitech**

1.50 **Aaron Ironside - Session 3: Going the Distance – Leading from my sweet spot**

Burnout rates among leaders are at all time highs and even those who stick it out often wonder if it was really worth it. This session explores why we find it hard to enjoy the leadership journey and what needs out focus in in order to serve our schools over the long haul. Knowing more about what drives us helps us and our team find ways to work that are full of meaning and purpose.

2:50 Wrap up and thank you's

Click here to book your place online: [Register by Clicking Here](#)



Important Dates:
Brisbane Study Tour -
Wednesday 2nd - Saturday
5th August
Connections Term 3 -
26 August

Aaron Ironside

Lead Counsellor Aaron Ironside has over 5000 hours of counselling experience, drawing on his Masters Degree in Psychology and a range of counselling modalities. He also leads a team of Welfare Officers at the Ports of Auckland.

Hundreds of clients have experienced the transformation found in discovering the truths that heal the pain and brokenness of our past.

Aaron is a diehard fan of the Warriors, American-style BBQ, and Professional Wrestling!

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When things aren't going well, it's tempting to think that "the problem is me", "maybe I'm broken or a bad person?" At Bridge The Gap we don't believe that's true. We think the issue is that the gap, between where you are and where you want to be, has become too big.

Most of the time we think that we should be able to handle all of life's issues by ourselves, but it turns out that sometimes we need a professional counsellor or coach to help us close the gap.

Our team are not guru's with all the answers. We think you are the biggest expert on your own life, but we might know a thing or two to help you move forward.

