



Kia ora tātou,

My name is Nina Wollaston, I work for Te Tamawai Trust, a non-profit organisation delivering [Taku Wairua](#) to Primary Schools throughout Waikato. The Principal of Knighton Normal School Drew, has kindly passed this message on for us as a proud supporter of our program. Taku Wairua has worked with Knighton Normal School since our pilot in Term 3, 2020.

Taku Wairua is a personal development program which focuses on pillars of wellbeing and development that we believe should be a staple in the NZ Curriculum. These pillars are;

- * BELONGING & IDENTITY
- * SELF DISCOVERY
- * GOAL SETTING
- * CITIZENSHIP

[Watch this video](#) for further explanation of the pillars in action with Rangatahi we have supported in developing Taku Wairua.

Taku Wairua was developed after observing common traits with youth supported in The WaterBoy organisation, and has been further developed to meet the learning needs of Primary School tamariki. The development of the concepts have had heavy influence and input from Te Tamawai Trust Trustee and former clinical psychologist [David Galbraith](#).

Since piloting the program last year we have launched proper in 2021 delivering Taku Wairua to over 1000 tamariki across 14 different schools throughout Waikato.

We believe that everyone is a product of their environment and we're working hard toward our vision of making these personal development opportunities available to Every Kiwi.

Working toward this vision, we have looked to expand our capacity of delivery and I'm pleased to say we now have the opportunity for additional schools to sign up and have Taku Wairua as a part of their community.

If you are interested in hearing more about Taku Wairua and the possibility of having our team at your school in 2022, then we would be happy to set up a meeting (Zoom) to discuss.

If this is something you are interested in learning more about, please get in touch so we can arrange a time that suits. Please contact me at nina@takuwairua.co.nz.

I look forward to hearing from you.

Ngā mihi,
Nina Wollaston