

National Certificate in Outdoor Recreation (Leadership)

First Step Outdoors are delighted to announce that as Skills Active assessor's they can now deliver training and assessment for those people wishing to gain the National Certificate in Outdoor Recreation Level 3 Abseiling, Rock Climbing & Bush and Level 4 Tramping Instructor. *Suitable for teachers and youth leaders.*



These qualifications ensure people have the skills to independently lead groups in outdoor activities. It is designed for those leading, or intending to lead outdoor recreation activities for people at a beginner level in low risk environments. This qualification will take up to 8 months to complete.

You will learn about:

- Planning outdoor activities for groups
- Interpreting weather conditions
- Risk management in the outdoors
- Leading groups in the outdoors
- First Aid and emergency care
- Abseil and climbing set ups, safety and techniques
- Demonstrate bush walking knowledge and skills
- Lead a bush walking experience for a group

For details on Costs, Training Course and Assessment dates please contact:

Kate Parr T: 07 871 9570 M: 021 118 7771

E: info@firststepoutdoors.com www.firststepoutdoors.com



