



turning point

THE NZ EDUCATORS' NEUROSCIENCE CONFERENCE
02.04.16. HAMILTON. NZ

WHY YOU SHOULD COME!

We are promising an exciting day of inspiration and revelation, with the theme ***Turning Point*** offering an invigorating platform for our nationally and internationally acclaimed keynote speakers to share exciting stories about breakthroughs in neuroscience and educational research.

As an educator, you may be curious about how you can effectively bridge the gap between these two vast fields of knowledge. Our inaugural conference guarantees to present you with proven and effective tools that can help you unlock new passion and potential in your children, both in the classroom and at home.

Joining us on the day will be, **Dr Mary Helen Immordino-Yang**, a world leader in affective neuroscience. Her exciting research gets straight to the heart of the matter, explaining how and why emotions matter in teaching and learning. Her work has been described by leading scientists as revolutionary. All our conference delegates will be given access to a ***free online course*** developed by Mary Helen upon confirmation of their registration.

Also, **Sabine Tryvanien**, will share the secrets she uses as international mind-coach to the All Blacks, Formula 1 racing drivers, and world champion athletes. Sabine is CEO of "The Winners Institute", working closely with, Dr Kerry Spackman, author of the international bestseller "The Winners Bible".

Among our other exciting guest speakers, **Grant Rix**, of Mindful Aotearoa — part of the Mental Health Foundation of NZ — will speak on the topic of *Mindfulness*. Teachers whose classes have taken part in their *Pause, Breathe, Smile* programme have noticed improvements in social interactions, along with a sense of calm, suggesting that this programme will help create a positive learning environment, and help meet ERO Wellbeing Indicators for Schools.

WHO ARE WE?

Nurturing Young Minds is a NZ based organisation that specialises in providing professional development for educators around the globe.



WHAT IS OUR MISSION?

Our mission is to provide educators with ways to turn cutting-edge neuroscience and educational research into practical tools that can make a significant positive difference to the lives of children in their care.

CONFERENCE RATIONALE

Despite living in a fast paced world where information and knowledge are being created at an exponential rate, it is estimated that it can still take 40 years for groundbreaking discoveries in educational research to be recognised and implemented into mainstream education.

Our conference exists to provide educators with a shortcut to these discoveries, combatting the ever-increasing demands that make it difficult to acquire and implement new methods into their work with children who live with negative behavioural or self-esteem issues.

OUR CORE VALUES

1. Deliver excellence through service
2. Embrace and drive change
3. Create fun and challenge conventional thinking
4. Be courageous and open minded
5. Pursue growth and learning
6. Build open and honest relationships
7. Build a cohesive caring team
8. Do more with less
9. Be passionate and determined
10. Be humble

www.nymconference.com

2016 KEYNOTE SPEAKERS

The NZ Educators' Neuroscience Conference committee has invited an exciting array of speakers to tell their stories on a range of topics. More speakers are being added to this list!

DR MARY HELEN IMMORDINO-YANG



Dr Mary Helen Immordino-Yang is a neuroscientist and human development psychologist specialising in the emotional connections in the brain and the implications for learning, development and schools.

She is an Associate Professor of Education at the Rossier School of Education, an Associate Professor of Psychology at the Brain and Creativity Institute, and a member of the Neuroscience Graduate Program Faculty at the University of Southern California.

In a live video-conference from California, Dr Mary Helen will present her revolutionary findings that carry the potential to transform educational theory and practice by deeply enriching our understanding of the complex connection between emotion and learning.

With her signature talent for interpreting neuroscience findings in practical teacher-relevant terms, Dr Mary Helen offers two simple but profound ideas: first, emotions are such powerful motivators of learning because they activate the brain mechanism that originally evolved to manage our basic survival; and second, that meaningful thinking and learning are inherently emotional because we only think deeply about things we care about.

Prof. Howard Gardner, from the Harvard Graduate School of Education says:

"Mary Helen is one of the pioneers in the field of Mind-Brain-Education. Given the widespread fascination with her path-breaking studies there has been enormous interest in her work and its implications for the classroom."

SABINE TYRVANIEN



Sabine Tyrvanien, is the CEO of *Winner's Bible Services*; the company providing exclusive products and services to help individuals, corporations, and athletic groups to integrate and incorporate the material in the #1 bestselling book 'The Winner's Bible' written by Dr. Kerry Spackman.

More recently, Sabine worked for the New Zealand Government's top-secret Olympic 'GoldMine' project which achieved record gold medal per capita success at the London 2012 Olympics, and she is currently the official 'Mind Coach' to the Austrian Olympic team.

Sabine believes that supporting children to become multi-dimensional people leading full, happy, successful and varied lives not only serves those individuals, but enriches everyone around them as they grow up, helping to create a better society and future.

Sabine is a psychological consultant for Nurturing Young Minds, collaborating with key partners in the UK to create products that are clearly aligned with NYM's collective vision.

Sabine is an engaging and lively speaker. Her presentation will emphasise how the tools she uses with elite athletes can be used by students to permanently rewire their brains for permanent positive change.

NATHAN MIKAERE-WALLIS

Nathan needs no introduction to most RTLB and teachers as he has built up a nationwide reputation as a lively engaging speaker on the topic of brain development.

A former lecturer at Canterbury University, he is currently Director of Training for the Brainwave Trust and serves on many Boards, including Cholmondeley Children's Home, The Champion Centre and Youth Mentoring Network.

Nathan uses humour to make this sometimes complex topic easy to understand and related to everyday experiences. His keynote focusses on ways to implement our recent findings in neuroscience educational research in the classroom.



JULIENNE ROSE



Julienne is a Wellness Coach and International PSYCH-K Instructor who facilitates workshops in personal change as well as running a successful private practice.

Her workshops around Australasia help transform lives by teaching processes to release the limitations of the mind. Her background includes teaching, working with youth, recruitment and coaching.

As well as her Post Graduate work in Career Development, Julieanne has also studied and applied NLP (Neuro Linguistic Programming), PSYCH-K and MBTI Personality Type.

Her vision is to empower others to access their strengths to realise the potential within them to live happy and successful lives.

Julienne will be speaking on ways to uncover and change our limiting subconscious beliefs.

RON PHILLIPS

In his own words, Ron digs a good story! His life's work is all about transformation through the medium of stories, and is a perfect fit with Mary-Helen's research which will show how incredible stories of bravery and determination activates our brains at the very core of our being in our brain stems.

"Listeners then become inspired to do meaningful work themselves."

His book *Gem Of The First Water* has become the foundation for his Therapeutic Storytelling Intervention (TSI) – which, in his opinion, is the very best way of imparting healthy and enriching life lessons into eager minds. "There's real elegance to this storytelling approach, in fact, I'm not aware of any other 'best practice' models or programme materials that can match the outcomes TSI achieves with groups of teenagers, in terms of compliance and the general wellbeing of participants."



(Ron Phillips continued ...)

He has run over 18,000 group sessions, which is more groups in mental health than anyone has ever run. This material is timeless and consistently effective and is just as important to regular kids as it is for kids with a concerning diagnosis.

His material has stood the test of time. For 30 years, every single working day he has been using the Gem Journey with great success in three areas – with families, in schools, and with clients in the tertiary mental health clinic.

GRANT RIX



Grant Rix is the operations manager for Mindful Aotearoa, part of the Mental Health Foundation of New Zealand, and developed the mindfulness in schools Pause, Breathe, Smile programme. He now develops and oversees various other programmes run by Mindful Aotearoa.

Grant has many years of mindfulness training and practice and has been a mindfulness teacher since 2005. He took part in a unique study and meditation programme that ran from early 2005 to mid 2007 at the Wangapeka Study and Retreat Centre. As a graduate of the programme, he continues studying with his own teachers and stays abreast of the latest mindfulness research.

Grant also has a background in the health and education sectors, working with youth and adults experiencing intellectual and physical disabilities, and has many years' experience as a health promoter both in public health and with the Mental Health Foundation.

Please note — this list of speakers may be subject to change at the discretion of the Conference Organising Committee.